



## Ergonomic Chairs in HR Training Room (TEF3)

Below is a list of the chairs in UBC’s HR Training Room. Please note that this is not an exhaustive list of ergonomic chairs and not all chairs in the training room are equal; some of more adjustability features than others.




Departments, staff and faculty may book appointments to test chairs and learn about the adjustability features. Purchasing decisions are made by the department; testing a chair does not necessarily mean that your department will purchase a chair for you. Please check with your department before booking an appointment to determine what options are available in your department.

Good chairs typically range in price from \$650 to \$1,000; however, there are some options which are more expensive and fewer options at the lower price point. Please contact your preferred provider for a formal quote.

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Chair	Features on chair in training room	Available From
<p>ergoCentric airCentric</p> 	<ul style="list-style-type: none"> <li>• <b>Size:</b> small, medium, large</li> <li>• <b>Height:</b> Adjustable</li> <li>• <b>Lumbar:</b> Adjustable height</li> <li>• <b>Seat pan:</b> Depth adjustable</li> <li>• <b>Armrest:</b> Height and swivel</li> <li>• <a href="#">Instruction video</a></li> <li>• Greenguard Gold certified</li> <li>• Note: customization: air lumbar, multi-tilt, etc., available through Helen</li> </ul>	<p>Vancouver: <a href="mailto:Helen.Mazzocchio@Staples.com">Helen.Mazzocchio@Staples.com</a></p> <p>Okanagan: <a href="mailto:Alan.Homeniuk@Staples.com">Alan.Homeniuk@Staples.com</a></p> <p>UBC BCNET pricing available including option for free factory direct shipping in a box or \$21.5 installation in the lower mainland.</p>
<p>ergoCentric eco Centric</p> 	<ul style="list-style-type: none"> <li>• <b>Size:</b> small, medium, large</li> <li>• <b>Height:</b> Adjustable</li> <li>• <b>Lumbar:</b> Adjustable height. Option to add lumbar air</li> <li>• <b>Seat pan:</b> Depth adjustable</li> <li>• <b>Armrest:</b> Height and swivel</li> <li>• <a href="#">Instruction pdf</a></li> <li>• Greenguard Gold certified</li> </ul>	<p>Vancouver: <a href="mailto:Helen.Mazzocchio@Staples.com">Helen.Mazzocchio@Staples.com</a></p> <p>Okanagan: <a href="mailto:Alan.Homeniuk@Staples.com">Alan.Homeniuk@Staples.com</a></p> <p>UBC BCNET pricing, 56.5% off list including option for free factory direct shipping in a box or \$21.5 installation in the lower mainland.</p>
<p>ergoCentric tCentric</p> 	<ul style="list-style-type: none"> <li>• <b>Size:</b> small, medium, large</li> <li>• <b>Height:</b> Adjustable</li> <li>• <b>Lumbar:</b> Adjustable height. Option to add lumbar air</li> <li>• <b>Seat pan:</b> Depth adjustable</li> <li>• <b>Armrest:</b> Height and swivel</li> <li>• <b>Headrest:</b> optional</li> <li>• <a href="#">Instruction video</a></li> <li>• Greenguard Gold certified</li> </ul>	<p>Vancouver: <a href="mailto:Helen.Mazzocchio@Staples.com">Helen.Mazzocchio@Staples.com</a></p> <p>Okanagan: <a href="mailto:Alan.Homeniuk@Staples.com">Alan.Homeniuk@Staples.com</a></p> <p>UBC BCNET pricing, 56.5% off list including option for free factory direct shipping in a box or \$21.5 installation in the lower mainland.</p>



Please contact your preferred provider for a formal quote and/or additional details.

Revised: November 2023





Chair	Features on chair in training room	Available From
<p>Global-Obus Forme Comfort</p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Adjustable height and depth</li> <li>● <b>Backrest Height:</b> Mid-back</li> <li>● <b>Seat pan size:</b> Standard</li> <li>● <b>Chair Height:</b> Standard</li> <li>● <b>Armrest:</b> 4D Arms (may order T6)</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Multi-Tilt</li> <li>● <b>Weight Capacity:</b> 300lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">PDF</a></li> <li>● Environment <a href="#">Info</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 5 to 12 years, varies by part</li> </ul>	<p>Vancouver: <a href="mailto:Helen.Mazzocchio@Staples.com">Helen.Mazzocchio@Staples.com</a></p> <p>Okanagan: <a href="mailto:Alan.Homeniuk@Staples.com">Alan.Homeniuk@Staples.com</a></p> <p>UBC BCNET pricing 52% off <a href="#">list price</a> with option for free factory direct shipping in a box or \$21.5 installation in the lower mainland.</p>
<p>Global-Tritek</p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Adjustable height and depth</li> <li>● <b>Backrest Height:</b> Mid-back</li> <li>● <b>Seat pan size:</b> Standard</li> <li>● <b>Chair Height:</b> Standard</li> <li>● <b>Armrest:</b> T6</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Multi-Tilt</li> <li>● <b>Weight Capacity:</b> 300lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">Video</a></li> <li>● Environment <a href="#">Info</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 5 to 12 years, varies by part</li> </ul>	<p>Vancouver: <a href="mailto:Helen.Mazzocchio@Staples.com">Helen.Mazzocchio@Staples.com</a></p> <p>Okanagan: <a href="mailto:Alan.Homeniuk@Staples.com">Alan.Homeniuk@Staples.com</a></p> <p>UBC BCNET pricing 52% off <a href="#">list price</a> with option for free factory direct shipping in a box or \$21.5 installation in the lower mainland.</p>






Chair	Features on chair in training room	Available From
<p><b>Haworth: Soji</b></p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Adjustable height/Depth Lumbar</li> <li>● <b>Backrest Height:</b> Mid-Back</li> <li>● <b>Seat pan size:</b> Medium</li> <li>● <b>Chair Height: Standard</b></li> <li>● <b>Armrest:</b> 4D</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Back lock/forward tilt</li> <li>● <b>Base:</b> Aluminum</li> <li>● <b>Weight Capacity:</b> 325lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">Video</a></li> <li>● Environmental <a href="#">info</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 12 years (parts &amp; labour)</li> </ul>	<p>Demo Provided By: Peter Chen, Brooks Corning <a href="mailto:pchen@brookscorning.com">pchen@brookscorning.com</a></p>
<p><b>Haworth: Very</b></p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Adjustable height/Depth Lumbar</li> <li>● <b>Backrest Height:</b> Mid-Back</li> <li>● <b>Seat pan size:</b> Medium</li> <li>● <b>Chair Height:</b> Standard</li> <li>● <b>Armrest:</b> 4D</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Back lock/forward tilt</li> <li>● <b>Base:</b> Plastic</li> <li>● <b>Weight Capacity:</b> 325lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">Video</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 12 years (parts &amp; labour)</li> </ul>	<p>Demo Provided By: Peter Chen, Brooks Corning <a href="mailto:pchen@brookscorning.com">pchen@brookscorning.com</a></p>




Chair	Features on chair in training room	Available From
<p data-bbox="142 373 321 401">Haworth: Zody</p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Adjustable height/Depth Lumbar with Pelvic Support</li> <li>● <b>Backrest Height:</b> Mid-Back</li> <li>● <b>Seat pan size:</b> Medium</li> <li>● <b>Chair Height:</b> Standard</li> <li>● <b>Armrest:</b> 4D</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Back lock/forward tilt</li> <li>● <b>Base:</b> Aluminum</li> <li>● <b>Weight Capacity:</b> 325lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">Video</a></li> <li>● Environmental <a href="#">Info</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 12 years (parts &amp; labour)</li> </ul>	<p data-bbox="1039 373 1414 436">Demo Provided By: Peter Chen, Brooks Corning</p> <p data-bbox="1039 447 1369 474"><a href="mailto:pchen@brookscorning.com">pchen@brookscorning.com</a></p>
<p data-bbox="142 968 321 995">Haworth: Fern</p> 	<ul style="list-style-type: none"> <li>● <b>Lumbar:</b> Built in wave suspension+ additional Adjustable height Lumbar</li> <li>● <b>Backrest Height:</b> High-back</li> <li>● <b>Seat pan size:</b> Medium</li> <li>● <b>Chair Height:</b> Standard</li> <li>● <b>Armrest:</b> 4D</li> <li>● <b>Seat Pan:</b> Adjustable Depth</li> <li>● <b>Tilt:</b> Back lock/forward tilt</li> <li>● <b>Base:</b> Aluminum</li> <li>● <b>Weight Capacity:</b> 325lbs</li> <li>● <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>● Instructions: <a href="#">Video</a></li> <li>● Environmental <a href="#">Info</a></li> <li>● Specification <a href="#">Info</a></li> <li>● Warranty: 12 years (parts &amp; labour)</li> </ul>	<p data-bbox="1039 968 1414 1031">Demo Provided By: Peter Chen, Brooks Corning</p> <p data-bbox="1039 1041 1369 1068"><a href="mailto:pchen@brookscorning.com">pchen@brookscorning.com</a></p>



Chair	Features on chair in training room	Available From
<p><b>Herman Miller-Mirra2</b></p> 	<ul style="list-style-type: none"> <li>• <b>Lumbar:</b> Adjustable height and depth</li> <li>• <b>Backrest Height:</b> Mid-back</li> <li>• <b>Seat pan size:</b> Standard (22.9")</li> <li>• <b>Chair Height:</b> Standard</li> <li>• <b>Armrest:</b> Adjustable</li> <li>• <b>Seat Pan:</b> Adjustable Depth</li> <li>• <b>Tilt:</b> Tilt Tension and lock; forward tilt</li> <li>• <b>Weight Capacity:</b> 350lbs</li> <li>• <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>• Instructions: <a href="#">Video</a></li> <li>• Environmental <a href="#">Info</a></li> <li>• Specification <a href="#">Info</a></li> <li>• Warranty: 12 years</li> </ul>	<p>Demo Provided By: Garth Hough Contemporary Office Interior (COI) <a href="mailto:ghough@coi.bz">ghough@coi.bz</a></p>
<p><b>Steelcase-Amia</b></p> 	<ul style="list-style-type: none"> <li>• <b>Lumbar:</b> Adjustable Height</li> <li>• <b>Backrest Height:</b> mid-back</li> <li>• <b>Seat pan size:</b> Standard with adjustable depth</li> <li>• <b>Chair Height:</b> Standard</li> <li>• <b>Armrests:</b> 4D</li> <li>• <b>Tilt:</b> Synchro Tilt, tilt tension with back-lock stop</li> <li>• <b>Weight Capacity:</b> 400lbs</li> <li>• Instructions: <a href="#">Video</a> and <a href="#">PDF</a></li> <li>• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified</li> <li>• Specification <a href="#">Info</a></li> <li>• Warranty: Limited Lifetime</li> </ul>	<p>Demo Provided By: Edson Vazquez, Heritage Furniture <a href="mailto:evazquez@heritageoffice.com">evazquez@heritageoffice.com</a></p>
<p><b>Steelcase-Leap</b></p> 	<ul style="list-style-type: none"> <li>• <b>Lumbar:</b> Adjustable Height</li> <li>• <b>Backrest Height:</b> mid-back</li> <li>• <b>Seat pan size:</b> Standard with adjustable depth</li> <li>• <b>Chair Height:</b> Standard</li> <li>• <b>Armrests:</b> 4D</li> <li>• <b>Tilt:</b> Synchro Tilt, tilt tension with back-lock stop</li> <li>• <b>Weight Capacity:</b> 400lbs</li> <li>• <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>• Instructions: <a href="#">Video</a></li> <li>• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified</li> <li>• Specification <a href="#">Info</a></li> <li>• Warranty: Limited Lifetime</li> </ul>	<p>Demo Provided By: Edson Vazquez, Heritage Furniture <a href="mailto:evazquez@heritageoffice.com">evazquez@heritageoffice.com</a></p>



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<p data-bbox="142 373 266 436">Steelcase- Gesture</p> 	<ul style="list-style-type: none"> <li>• <b>Lumbar:</b> Adjustable Height &amp; Depth</li> <li>• <b>Backrest Height:</b> High back</li> <li>• <b>Seat pan size:</b> Standard with adjustable depth</li> <li>• <b>Chair Height:</b> Standard</li> <li>• <b>Armrests:</b> 4D; greater range of motion than others</li> <li>• <b>Tilt:</b> Synchro Tilt, tilt tension with back-lock stop</li> <li>• <b>Weight Capacity:</b> 400lbs</li> <li>• <b>Fabric, Colour, Metal or Plastic base:</b> DEPT to decide</li> <li>• Instructions: <a href="#">Video</a></li> <li>• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified</li> <li>• Specification <a href="#">Info</a></li> <li>• Warranty: Limited Lifetime</li> </ul>	<p data-bbox="1036 373 1377 474">Demo Provided By: Edson Vazquez, Heritage Furniture <a href="mailto:azquez@heritageoffice.com">azquez@heritageoffice.com</a></p>