



Dear

The Postdoctoral Fellows Office (PDFO) in the Faculty of Graduate and Postdoctoral Studies is pleased to welcome you to the UBC community. Consistently ranked among the 30 best universities in the world, UBC is home to over 900 postdocs spanning all faculties and across all disciplines. Surrounded by the natural beauty of the Canadian West Coast, UBC embraces bold new ways of thinking that attract exceptional postdoctoral fellows, students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute in one's own way. As a postdoc at UBC, we hope that you will gain the knowledge and experience necessary to advance your career and develop contacts among your peers that can help you navigate your professional journey.

The Postdoctoral Fellows Office

Our office is here to enhance the postdoctoral experience by providing support, advocacy, and professional development opportunities to UBC's postdoc community. We provide instructor-led training and career development experience that can help facilitate the transition to a post-PDF career, whether within or outside of the academy.

Postdoc Orientation

As part of our welcome, we invite all new Postdoctoral Fellows to an Orientation organized by our office. This Orientation is designed to give you an overview of the services that are available to you on campus and will provide you with information that will help get you started on your postdoctoral journey. To register for the next orientation session, please visit our website: <http://www.postdocs.ubc.ca/orientation-postdoctoral-fellows>.

Getting your Benefits

Benefits are available to all Postdoctoral Fellows at UBC provided they meet the eligibility requirements. Information about benefits eligibility can be found on the Human Resources website (<https://hr.ubc.ca/benefits>) or by consulting with your department administrator.

Housing & Relocation Services

For postdocs who are relocating to UBC, the Housing and Relocation Services Office can assist with a smooth transition for both you and your family. This office provides support for a wide range of topics such as immigration, childcare, and transportation.

Share Your Research

The PDFO is proud to offer UBC's Postdoctoral Fellows the opportunity to share their research through our Postdoc Profiles (<http://postdocs.ubc.ca/profile>). We encourage you to create a profile to share information about yourself, your research and publications, and the work you are conducting as a UBC postdoc. By creating a profile, you will be visible in our Postdoc directory and/or in our 'Expertise' search engine, which is used by other researchers, potential collaborators, and the media to identify subject-matter experts at the University.

UBC Postdoctoral Association (PDA)

The UBC Postdoctoral Association (UBC PDA), established in 2006, is a coalition of volunteer postdoctoral fellows and research associates (RAs) with the goal of enhancing the postdoctoral experience at the University of British Columbia. To connect with the PDA, please visit their website: <https://blogs.ubc.ca/ubcpda/>.

Please contact us or visit our website at postdocs.ubc.ca if you have any questions or need additional information.

We hope to see you at orientation and around campus!

Wishing you all the very best,
The Postdoctoral Fellows Office Staff